

Preventing Bullying for Parents

Every day in our schools and communities, children are teased, threatened, or tormented by bullies. The following articles provide parents and caregivers with information about bullying and methods for communicating with children about the climate of fear created by bullying. The messages exchanged between children and their caregivers in just 15 minutes or more a day can be instrumental in building a healthier and safer environment for children. Safe schools are everyone's responsibility and everyone can help keep our schools safe. As a parent it is crucial that you know what to do if this issue should arise.

This ***Parent Teacher Conference Handout*** will help you gather the information that you will need if such a problem arises with your child.

- **Do interventions work to reduce bullying in school?**

http://www.bullyingawarenessweek.org/pdf/Bullying_Prevention_Strategies_in_Schools_Ken_Rigby.pdf

This 15 page PDF file is based largely on the 2010 book, "Bullying Interventions: Six Basic Methods." Camberwell: ACER.

- **The lowdown on bullying.**

<http://www.stopbullying.gov/what-is-bullying/>

A federal government website managed by the U.S. Department of Health & Human Services 200 Independence Avenue, S.W. - Washington, D.C. 20201 What's bullying, and what do we do about it? .

- **What Current Research Is Available Regarding Bullying Prevention?**

<http://educationnorthwest.org/resource/1351>

This webpage lists some of the most current and publicly available research studies on bullying.

- **Quick training aids for the prevention of bullying.**

http://smhp.psych.ucla.edu/qf/bully_qt

Planning on giving your staff training on bullying? Check out these talking points for conducting an inservice workshop. You'll find links to various research studies and papers on bullying. Get overviews, factsheets, tools, handouts, model programs, and additional resources. You'll also find overheads to use in your presentation.

- **What's a parent to do?**

<http://www.pacer.org/publications/bullying.asp>

PACER Center's Bullying Prevention Project unites, engages, and educates communities nationwide to prevent bullying through creative, relevant, and interactive resources..

- **And when youth with disabilities are bullied...**

www.ncset.org/publications/viewdesc.asp?id=1332

Consult this Issue Brief from NCSET (National Center for Secondary Education and Transition), called "Bullying and Teasing of Youth With Disabilities: Creating Positive School Environments for Effective Inclusion."

- **Newsletter on bullying.**

<http://njbullying.org/documents/samplenewsletterarticle.pdf>

Sample Newsletter Article: Bullying Among Children and Youth