

April 2013 - NASET Resources Review

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Early Intervention

Coping with a picky toddler.

Do you feel like your child survives on dry cereal and air?

Children are often more open to new foods when everyone surrounding them is relaxed about eating.

<http://www.eatright.org/Public/content.aspx?id=6442474375>

Training activity: Participation-based IFSP outcomes and IEP goals.

This training activity is designed to support participants' understanding of the criteria needed to develop and write high-quality, participation-based IFSP outcomes and IEP goals.

<http://ectacenter.org/~pdfs/pubs/rating-ifsp-iep-training.pdf>

Toddler exercise: Five tips to get moving!

Sure, your fidgety toddler can't sit still, but is she getting the exercise she needs? Keep your toddler active with these simple strategies.

<http://www.whattoexpect.com/toddler-safety/toddler-exercise.aspx>

Cognitive effects on infants & toddlers from exercise.

Many of us know the physical health benefits of exercise, but there are many mental health benefits as well. Exercise increases brain activity and is especially beneficial in infants and toddlers.

<http://tinyurl.com/c4o882y>

Toys for different developmental stages.

New parents frequently wonder why their baby doesn't show much interest in the shiny new toy that Grandma brought when in all reality, it may be that your baby's developmental age and the intended age for the toy do not match. Learn what toys are right for the different stages of development.

<http://www.earlyinterventionsupport.com/parentingtips/products/toy-choices.aspx>

Families and Communities

National nutrition month (Kids eat right.)

March is National Nutrition Month, a nutrition education and information campaign sponsored annually by the Academy of Nutrition and Dietetics. The campaign is designed to focus attention on the importance of making informed food choices and developing sound eating and physical activity habits. Find all sorts of materials and suggestions at:

<http://www.eatright.org/kids/>

Summer camp resources.

It's that planning time of year again!

Camps for children with special needs

<http://nichcy.org/publications/camps>

25 summer camps for individuals with special needs

<http://tinyurl.com/cgvt2lc>

19 more summer camps for individuals with special needs

<http://tinyurl.com/cakas56>

Organize your child's medical records.

This 2-page brief gives great suggestions and several step-by-step instructions for getting your child's medical records together and then organizing them.

<http://www.pacer.org/health/pdfs/HIAC-h17.pdf>

Are you at risk for diabetes? Find out March 26th.

March 26th is the American Diabetes Association's Alert Day, a one-day "wake-up call" asking the American public to take a diabetes risk test. Know the facts and get tested.

<http://www.diabetes.org/in-my-community/programs/alert-day/>

Where to turn for help with eating disorders?

Here are some resources that families may find helpful.

Parent toolkit on eating disorders.

This toolkit from the National Eating Disorders Association (NEDA) is broken into 3 sections: basics for parents, treatment information, and insurance issues.

<http://www.nationaleatingdisorders.org/sites/default/files/Toolkits/ParentToolkit.pdf>

Warning signs of an eating disorder.

It's critical to know the warning signs of eating disorders so they can be assessed and treated as early as possible.

<http://tinyurl.com/bu9k6ye>

School guidelines program for eating disorders.

The School Guidelines Program is a product of the National Association of Anorexia Nervosa & Associated Disorders (ANAD). The program is designed to assist school personnel in handling the issues of eating disorders among students. For a free copy of the program, contact ANAD, at: anadhelp@anad.org

National Eating Disorders Association

Lots of info here! Videos, too, Spanish resources, and a Parent Toolkit.

<http://www.nationaleatingdisorders.org/index.php>

Health Care Needs

Let's move: Teacher toolkit.

What can teachers do together to improve physical activity and healthy eating? The *Let's Move* campaign has some great ideas!

<http://www.letsmove.gov/sites/letsmove.gov/files/TeacherToolkit.pdf>

Health and nutrition information for educators.

If you're looking for a treasure trove of resources for your classroom on food, sample menus and recipes, online tools that children (and adults) can use to create and track a personalized eating and exercising plan, and much more... this site is definitely a great place to come.

<http://tinyurl.com/cfbk34q>

Caring for children with special healthcare needs in the school setting.

Caring for children with special healthcare needs in the school setting can be challenging. This brief provides guidance on how to address the needs of students with special healthcare needs.

<http://www.aft.org/pdfs/healthcare/medicallyfragilechild0409.pdf>

Inclusive physical education.

Many teachers and coaches have questions about how best to include children with disabilities in physical education. This article aims to help teachers, student teachers, and coaches to consider student ability, activity adaptation, and identifies additional resources.

<http://www.ncpad.org/248/1627/Inclusive~Physical~Education>

Participation Requests

Call For Applications: The HSC Foundation's Advocates in Disability Award

<http://www.hscfoundation.org/2013ADA.php>

The HSC Foundation is seeking applicants for the 2013 Advocates in Disability Award (ADA). The Advocates in Disability Award goes to a young person with a disability between the ages of 14-26, who is dedicated to positively affecting the lives of individuals with disabilities and their families in the United States. The program also supports an innovative project developed by the award recipient that serves and empowers individuals with disabilities. The recipient will be awarded \$3,000 in recognition of past disability advocacy and will receive up to an additional \$7,000 in funding support for a proposed project.

DCDT International Conference Seeks Presentations

<http://www.dcdt.org/>

The Division on Career Development and Transition (DCDT) has announced its Call for Presentations for their 17th International Conference. The conference will be held November 14-16, 2013, in Williamsburg VA. Deadline for submissions is April 12, 2013.

Education and Health Care Transition

<http://education.ufl.edu/education-healthcare-transition>

The University of Florida's College of Education offers an online Graduate Certificate program for graduate students or professionals in education, medicine, nursing, social work, law, public health, public policy, or work in other education or health-related areas. The program teaches skills for integrating education and health care transitions and building expertise in this emerging discipline.

Mansfield Hall Program and Residence for Young Adults Attending College and Transitioning to Independence

<http://www.mansfieldhall.org/>

Mansfield Hall is a comprehensive, individualized program and residence in Burlington, Vermont, that supports young adults attending college and transitioning to independence. They serve students who have learning disabilities, mild autism, Asperger's syndrome, nonverbal learning disabilities, ADHD, executive functioning impairments, or other students with unique characteristics that may pose challenges in the transition to college life. Their goal is to provide skills training in all areas of adaptive functioning so students can flourish academically, socially, vocationally, and emotionally.

U.S. Department of Education Seeks Input on PROMISE Competitive Grant Program

<http://www2.ed.gov/about/inits/ed/promise/index.html>

The U.S. Department of Education seeks input on a new competitive grant program, Promoting Readiness of Minors in Supplemental Security Income (PROMISE). The purpose of this program is to fund model demonstration projects in states to promote improved outcomes for children who receive Supplemental Security Income (SSI) and their families.

Under this program, projects must form strong and effective partnerships among state agencies responsible for programs that play a key role in providing services to child SSI recipients and their families and provide coordinated services and supports designed to improve the education and employment outcomes of child SSI recipients and their families.

Post Secondary

Building a Grad Nation: 2013 Landmark Report on Graduation Rates (February 2013)

Report

<http://tinyurl.com/c3maehp>

The annual Building a Grad Nation report finds that for the first time the U.S. is on track to meet the national Grad Nation goal of a 90% high school graduation rate by the class of 2020. The national high school graduation rate increased 6.5 percentage points since 2001 with an average growth of 1.25 percentage points each year from 2006-2010 to 78.2. As a result of this acceleration more than 200,000 additional students received diplomas in 2010 than in 2006.

College, Career & Technology Academy Toolkit to Help Out-Of-School Youth Achieve Postsecondary Success (2013)

Toolkit

<http://ccta-psja.jff.org/>

The College, Career & Technology Academy Toolkit provides detailed instructions, tools, and other resources for preparing off-track, out-of-school youth for postsecondary success. This online guidebook is based on the experience and achievements of the College, Career & Technology Academy in Pharr-San Juan-Alamo Independent School District in Texas. Since opening in 2007, this dropout recovery school has graduated over 1,000 students, helping the district high school completion rate climb from 62 percent to 88 percent over the past four years.

Education Department Releases New School-Level Graduation Rate Data (March 2013)

Report

<http://tinyurl.com/cf9qtqz>

The U.S. Department of Education has released provisional school-level graduation rates for 2010-11, the first school year for which all states used a common, rigorous measure for reporting high school graduates. The data release furthers the Department's efforts to provide transparent information to parents and students about their schools and ensure all schools are preparing students for college and careers. Previously, the variety of methods states used to report high school graduation rates made comparisons among states unreliable. While the new measure is not comparable to previously reported rates, it provides a more accurate snapshot of high school graduation and can inform schools' efforts to improve going forward. States, districts and schools can use the new, common metric to promote greater accountability and to develop strategies that will reduce dropout rates and increase graduation rates in schools nationwide.