

Dressing Skills-Milestones

Activity	Approximate Age
• Can pull and tug at clothing	3-4 months
• Cooperates in dressing by holding out limbs	1 year
• Can remove shoes by self	14 months
• Can place socks on feet by self	18 months
• Can put on own hat	18 months
• Can pull up pants	18 months
• Can unzip	18 -20 mo.
• Attempts to put on own shoes	19 months
• Can partially dress self	2 years
• Pulls up pants without assistance	2 years
• Undresses self	30 months
• Can put on shirt and coat	30 months
• Attempts to place shoes on feet	30 months
• Can choose own outfit	3 years
• Can unbutton clothes	3 years
• Places clothing on in the correct direction	42 months
• Can dress and undress with supervision, (not including shoe laces and so on)	48 months
• Can button front buttons on clothing	52-56 mo.
• Can zip up and down and can snap simple snaps	60 months
• Can tie shoes with bows	66 months
• Can unlace bows on shoes	66 months
• Dresses self completely	66 months